

ITC Outdoor First Aid Course

Thank you for booking onto the ITC Outdoor First Aid course with Somerset Adventures.

Your course will take place in the Campbell Room, near Over Stowey in Somerset. The course duration is 2 days and each day will commence at 9am, and will finish at 6pm. The Outdoor First Aid course covers all the elements relevant to those who may need to practice first aid in an outdoors environment within the UK, and is suitable for keeping NGB awards valid. Attendance for the full duration of the course is a requirement for passing the course.

On both days of the course we will train outdoors for several hours regardless of the weather, so it is essential to bring suitable outdoor clothing and footwear for this.

We are also required to see some form of identity (eg. a photo driving license) so please remember to bring this with you on the first day.

Tea and coffee will be provided during the breaks. Lunch is not provided and you should make your own arrangements for this. We can direct you to nearby shops if required.

Directions to the Campbell Room:

From Bridgwater and the M5:

Leave the M5 at Junction 23 or 24 towards Bridgwater. Once in the town, pick up the A39 towards Minehead. After about 7 miles, opposite the Cottage Inn at Keenthorpe, take the left fork in the road towards Over Stowey. Drive over 2 crossroads and immediately bear right at the fork in the road. Take the first left towards Adcombe. After about 300m you will come to the Campbell Room lying straight ahead at a small junction. Look for a long white and black building.

From Williton and Minehead:

Follow the A39 to Nether Stowey. At the traffic lights turn right into Lime Street. In the village centre, in front of the clock tower, turn right into Castle Street. Now take the second left into South Lane. Follow this road for about 1 mile to a crossroads just after the cricket ground. Turn right here and immediately take the right fork in the road. The next left (signposted Adcombe & Ramscombe) will take you to the Campbell Room, the black and white building ahead of you after 250m.

From Taunton:

Take the Kingston Road out of Taunton, follow this through Kingston St Mary and up the hill to the Pines cafe at the Five Ways junction. Head straight over here (to the left of the cafe) and follow the road for 3 miles until you reach a crossroads by the Over Stowey cricket ground. Turn left here and then immediately take the right fork in the road. The next left (signposted Adcombe & Ramscombe) will take you to the Campbell Room, the black and white building ahead of you after 250m.

There is parking for about 3 cars directly in front of the Campbell room, and a layby back down the road for other cars to park in.

The exact Sat Nav GPS coordinates are 51.13670, -3.16400. Alternatively use postcode TA5 1HN or TA5 1HB to provide an approximate location (the Campbell Room lies between the two).

